

# Holy Spirit Catholic Church Bulletin

IGLESIA CATOLICA DEL ESPIRITU SANTO | GIÁO XỨ CHÚA THÁNH LINH

## SIXTH SUNDAY IN ORDINARY TIME

February 12th, 2023

PASTOR/PÁRROCO/CHÁNH XỨ  
REV. DICKENS REMY

ASSOCIATE PASTOR/PASTOR  
ASOCIADO/PHÓ XỨ  
REV. PHIEN VAN PHAM

### MASS SCHEDULE

DAILY (MONDAY-SATURDAY):  
7:30 AM

SATURDAY VIGIL: 4:30 PM

SUNDAY: 7:30 AM & 10:30 AM

CONFESSIONS SATURDAYS:  
3:00 PM-4:00 PM (IN ENGLISH)

DOMINGO: 12:00PM & 5:00PM

MIÉRCOLES: 6:30PM  
(RECONCILIACION 6:00PM)

MISA DIARIA-LUNES-SABADO:  
7:30 AM (EN INGLES)

RECONCILIACION SABADOS:  
3:00PM-4:00PM (EN INGLES)

THÁNH LỄ CHIỀU THỨ BẢY:  
6:15 PM

THÁNH LỄ CHÚA NHẬT:  
9:00 AM

THỨ HAI-THỨ BẢY:  
7:30 AM (TIẾNG ANH)

THỨ NĂM: THÁNH LỄ VIỆT  
NAM  
6:30 PM (THÁNH LỄ KÍNH  
LÔNG)

CHÚA THƯƠNG XỐT)  
THỨ SÁU: THÁNH LỄ VIỆT  
NAM  
6:30 PM

XỨNG TỘI THỨ BẢY:  
3:00 PM-4:00 PM (TIẾNG ANH)

### OFFICE HOURS/ HORAS DE OFICINA:

9:00 am - 4:30 pm Monday -  
Thursday  
Closed/Cerrado: 12:00-1:00 pm



Will you be my Valentine? On Tuesday, millions of people will have a special someone to share the much anticipated holiday with. American consumerism portrays Valentine's Day as a magical day for lovers to buy chocolates, roses, and teddy bears while enjoying a nice candlelight dinner. What many people don't know is this day is meant for love all around and does not require any of the factors mentioned above. Valentine's Day is for you to show your love toward anyone who has positively impacted your life. The Oxford dictionary defines love as an intense feeling of deep affection. Therefore, Valentine's Day is not solely confined to a boyfriend, girlfriend, fiancé, or spouse but also to those in your life that make life worth living. One love, in particular, is the love we show toward God and the love God shows us. This type of love is called Agape and in Christianity, it is the highest form of love. It means to love without conditions and is sacrificial. Continue reading on page 2...

¿Serías mi San Valentín? El martes, millones de personas tendrán a alguien especial con quien compartir la tan esperada festividad. El consumismo estadounidense retrata el Día de San Valentín como un día mágico para que los enamorados compren chocolates, rosas y ositos de peluche mientras disfrutan de una agradable cena a la luz de las velas. Lo que mucha gente no sabe es que este día está destinado al amor y no requiere ninguno de los factores mencionados anteriormente. El Día de San Valentín es para que demuestres tu amor hacia cualquier persona que haya impactado positivamente en tu vida. El diccionario de Oxford define el amor como un intenso sentimiento de profundo afecto. Por lo tanto, el Día de San Valentín no se limita únicamente a un novio, novia, prometido o cónyuge, sino también a aquellos en su vida que hacen que valga la pena vivirla. Un amor, en particular, es el amor que mostramos hacia Dios y el amor que Dios nos muestra. Este tipo de amor se llama ágape y en el cristianismo es la forma más alta de amor. Significa amar sin condiciones y es sacrificial. Continúe leyendo en la página 2...



## SAINT OF THE WEEK

St. Valentine, officially known as St. Valentine of Rome, is a third-century Roman saint widely associated with "courtly love." Although much of St. Valentine's life is not reliably known, many different legends are attributed to the man. St. Valentine and his faith were often put to the test. At one point in his life, he was told to restore a judge's blind daughter's sight to prove the validity of Jesus, and he did just that. St. Valentine was later arrested for trying to convert people to Christianity. He was sent to Rome under the emperor Claudius II. Stories tell that St. Valentine was imprisoned for marrying Christian couples and aiding Christians being persecuted by Claudius. St. Valentine and Claudius got along until St. Valentine attempted to convert Claudius to Christianity. Claudius became enraged and sentenced him to death, demanding he renounces his faith or be beaten with clubs and



beheaded. St. Valentine refused to renounce his faith and was executed outside the Flaminian Gate on February 14, 269. One variation of St. Valentine's life states that while imprisoned he healed a jailer's blind daughter and on the day of his execution, he left the girl a note signed, "Your Valentine". Historical accounts claim Valentine's Day was created to overpower the pagan holiday, Lupercalla, and exactly when the holiday became associated with romance is not widely agreed upon. Relics of St. Valentine can be found all over the world, including a flower-crowned skull of St. Valentine in the Basilica of Santa Maria in Cosmedin, Rome.

Catholic.org

## GOSPEL: MT 5:20-22A, 27-28, 33-34A, 37

Jesus said to his disciples: "I tell you, unless your righteousness surpasses that of the scribes and Pharisees, you will not enter the kingdom of heaven. "You have heard that it was said to your ancestors, You shall not kill; and whoever kills will be liable to judgment. But I say to you, whoever is angry with his brother will be liable to judgment. "You have heard that it was said, You shall not commit adultery. But I say to you, everyone who looks at a woman with lust has already committed adultery with her in his heart. "Again you have heard that it was said to your ancestors, Do not take a false oath, but make good to the Lord all that you vow. But I say to you, do not swear at all. Let your 'Yes' mean 'Yes,' and your 'No' mean 'No.' Anything more is from the evil one."

## VALENTINE'S DAY

We read about Agape in the bible and it is most noted in John 3:16, "For God loved the world so much that he gave his only Son so that everyone who believes in him may not die but have eternal life." This verse perfectly describes how Agape works. God loved us so much that he allowed his son, Jesus, to be sacrificed on the cross. Who in your life would sacrifice themselves for you? Scripture and religion are complex but the love God has for us is simple. God adores his children and though we hurt him through sin, his love is always within reach. It's up to us if we want to accept it. This Valentine's Day let us be reminded of the importance of Agape and the impact our loved ones have in our lives. Strive to show your love not just on Tuesday but also on the remaining 364 days of the year.

Leemos acerca de Agape en la Biblia y se nota más en Juan 3:16, "Porque tanto amó Dios al mundo que dio a su Hijo unigénito para que todo el que cree en él no muera, sino que tenga vida eterna". Este versículo describe perfectamente cómo funciona Agape. Dios nos amó tanto que permitió que su hijo, Jesús, fuera sacrificado en la cruz. ¿Quién en tu vida se sacrificaría por ti? Las Escrituras y la religión son complejas, pero el amor que Dios tiene por nosotros es simple. Dios adora a sus hijos y aunque lo lastimemos con el pecado, su amor siempre está al alcance de la mano. Depende de nosotros si queremos aceptarlo. Este Día de San Valentín recordemos la importancia de Agape y el impacto que tienen nuestros seres queridos en nuestras vidas. Esfuérzate por demostrar tu amor no solo el martes sino también los 364 días restantes del año.

### Prayer to Saint Valentine Patron of Lovers

*Dear Saint Valentine, you championed God's love by performing marriages for soldiers and their sweethearts, against the edict of the Roman Emperor. Because of that, you were martyred for the Faith and became the Patron of Lovers.*

*O courageous Saint, help us to love God above all else, and to give of ourselves and receive one another through His grace. Help those of us called to marriage to love our spouse with affection and joy. Help those who fervently seek someone with whom they can share their lives to meet the person God has prepared for them. May all of us grow to love Jesus, our true Valentine, forever. Amen.*

800-1343

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### San Valentín

Dios de poder y misericordia, a través de tu ayuda, San Valentín ha vencido las torturas de su pasión. Ayúdanos a quienes celebramos su triunfo a obtener la Victoria sobre las astucias de Nuestros enemigos.

Amén.



## PARISH ANNOUNCEMENTS

### AFTER-ABORTION HEALING RETREAT FOR CATHOLIC WOMEN (or Catholic-friendly)



Given by Rachel's Hope on March 10-12, 2023. Professionally led. Held at the Diocesan Pastoral Center, 3888 Paducah Drive, San Diego. Confidentiality maintained. Closing Mass included. Group Size limited. Cost \$60; partial scholarships available. Housing available if needed. "Not judged, not lectured, just healed". For information/registration call Rosemary Benefield (858) 581-3022; text (858) 752-9378 or email rachel\_hope@juno.com . Visit us on our website: www.RachelsHope.org

## WEEKLY OFFERINGS



Weekend of February 4-5 2023: \$

9,461.00

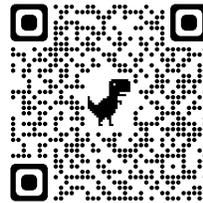
Online Giving

(January 29-February 3, 2023):

\$205.91

Thank you very much for your generosity! Scan the code to donate

to Holy Spirit today.



## MASS INTENTIONS

FEB 11, 2023 – FEB 18, 2023

Saturday February 11th  
4:30 pm – Liz Hoolihan – Special Int.

Sunday February 12th  
7:30 am – Tony Castro +

Sunday February 12th  
9:00 am – Vietnamese Community

Sunday February 12th  
10:30 am – Thomas & Maria Hoang +

Sunday February 12th  
12:00 pm – Spanish Community

Monday February 13th  
7:30 am – Margie Hamafin +

Tuesday February 14th  
7:30 am – Holy Spirit Community

Wednesday February 15th  
7:30 am – Holy Spirit Community

Thursday February 16th  
7:30 am – Helen Mary Garrison +

Nikki Garrido – Special Birthday Intention

Friday February 17th  
7:30 am – Holy Spirit Community

Saturday February 18th  
7:30 am – Holy Spirit Community

## PRAY FOR TEENS AT HOLY SPIRIT

On Friday, February 17, Holy Spirit's teen Youth Group will be traveling to Julian, CA to begin their annual Youth Group Retreat. Below is a picture of this year's retreat team. The team has dedicated their Sundays to planning a schedule filled with fun icebreakers, times for prayer and mass, and Catholic activities to build a connection with our Lord. Many teens look forward to this three-day event and see it as an opportunity to get away from life's distractions. Over 100 teens will be joining this event and some might even come back renewed through the Holy Spirit. How do we know? Testimonials from past retreat team leaders and adult chaperones have seen firsthand the impact of the retreat. Some teens return home changed. The mountains give them the chance to connect emotionally with themselves and the silence helps them connect with God on a profound level. Please pray for our teens and adult chaperones!

El viernes 17 de febrero, el grupo de jóvenes de Holy Spirit viajará a Julian, CA para comenzar su retiro anual de grupos de jóvenes. A continuación se muestra una imagen del equipo de retiro de este año. El equipo ha dedicado sus domingos a planificar un horario lleno de actividades divertidas para romper el hielo, momentos de oración y misa, y actividades católicas para construir una conexión con nuestro Señor. Muchos adolescentes esperan este evento de tres días y lo ven como una oportunidad para alejarse de las distracciones de la vida. Más de 100 adolescentes se unirán a este evento y algunos incluso podrían regresar renovados a través del Espíritu Santo. ¿Como sabemos? Testimonios de líderes de equipos de retiros anteriores y chaperones adultos han visto de primera mano el impacto del retiro. Algunos adolescentes regresan a casa cambiados. Las montañas les dan la oportunidad de conectarse emocionalmente con ellos mismos y el silencio los ayuda a conectarse con Dios en un nivel profundo. ¡Oremos por nuestros chaperones adolescentes y adultos!



## ANOINTING OF THE SICK/ UNCIÓN DE LOS ENFERMOS

In case of an emergency, please call 619-952-5963 or email linda@holyspiritsd.org, please provide your name, and phone number, and the reason for your call.

If you are at the hospital, please call the Chaplain on site for anointing.

En caso de emergencia, llame a 619-952-5963 o envíe un correo electrónico a linda@holyspiritsd.org, proporcione su nombre, número de teléfono y el motivo de su llamada.

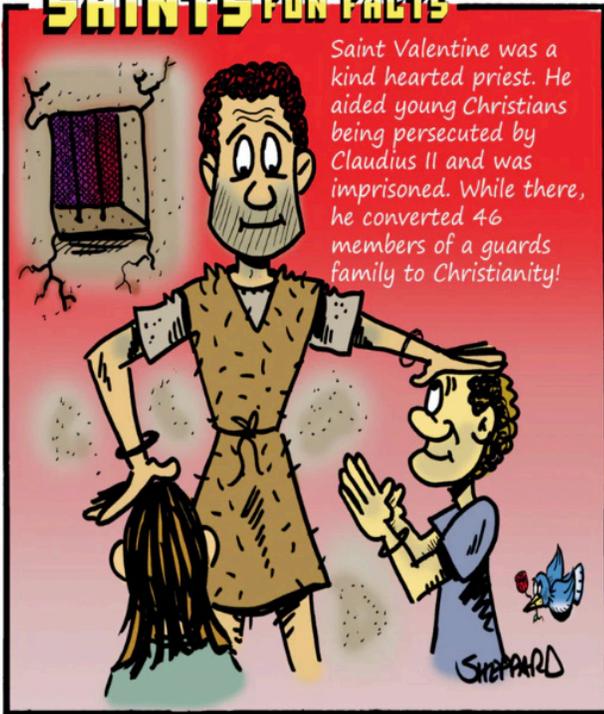
Si está en el hospital, llame al Capellán en el lugar para la unción.

# Valentine Word Search

D F A H A L C M P P U G S Y Y S N Q J A Z A F F E  
 E S N B S U I I C C T H N E D W D O E F D D Z L T  
 R B G O B U H K O D O P N O E E M W I Z H O A O A  
 O A E S D S R U E N Y V H N I E F N E T D S R W L  
 M L L Y T P R C E M E O P A P T S O G S A W Y E O  
 A L S R I T B Y K I S S B D D H O C N H Q N Z R C  
 N O U N I D R A F J H H N E B E V V C D T L R S O  
 E O K N F L A M E P R P E R M A E A E W N Y S A H  
 C N G L O V E B I R D S J A S R F T L D Z E U E C  
 D S Z G K E L O M T G Y P G R T N O A E J Z S H A  
 E M Y Z A R C F E C K X W O D T U C J D N I O S D  
 M E H S P Z M N E T A R O C E D T Y A T K T X Y M  
 R P M E V A D L U W N D E O B V J H C F S D I O I  
 A B W B G E S V C M V U Q X U L S H R E F I L N R  
 H F E B R U A R Y S W E E T S I O T V O U P O E E  
 C G A N W A H M V Y L B N E R L C O T Z B U V O R  
 X S E F N C C B O U V O P E I J D Q P R C C E T J  
 T S D R A C J E R V D O H D F N H A Z Q I D F Z P  
 S N O I T C E F F A L C A B E T V D A R L I N G A  
 U T I V J K M G L E U Y O I U K E U K G G C U M E  
 R H H R K E S L V I F H R R V R V U X Z A N O H R  
 A U Y N L R L N O B R F D M L K E B Q N B R U E I  
 E F I M K I E N Q W G T B C F E P H D U O X Y A S  
 D E V O L E B E N D E A R M E N T Y C U O Z L R E  
 E C N A M O R V D T L B X I F T G F S E G B U T D

- |           |            |
|-----------|------------|
| ADMIRER   | ENAMORED   |
| ADORE     | ENDEARMENT |
| AFFECTION | ENVELOPE   |
| AMOROUS   | FEBRUARY   |
| ANGEL     | FLAME      |
| BALLOONS  | FLIRT      |
| BELOVED   | FLOWERS    |
| BOUQUET   | FONDNESS   |
| CANDY     | FRIEND     |
| CARD      | GIFT       |
| CARNATION | HEART      |
| CHARMED   | HEARTHROB  |
| CHERISH   | HOLIDAY    |
| CHERUB    | HONEY      |
| CHOCOLATE | HUG        |
| COURTING  | KISS       |
| COURTSHIP | LIKE       |
| CRAZY     | LOVE       |
| CRUSH     | LOVEBIRDS  |
| CUPID     | PINK       |
| DARLING   | POEM       |
| DATE      | RED        |
| DEAR      | ROMANCE    |
| DECORATE  | SWEETHEART |
| DESIRE    | SWEETS     |
| DEVOTION  | TENDERNESS |
| DOVES     | VALENTINE  |
| EMBRACE   |            |

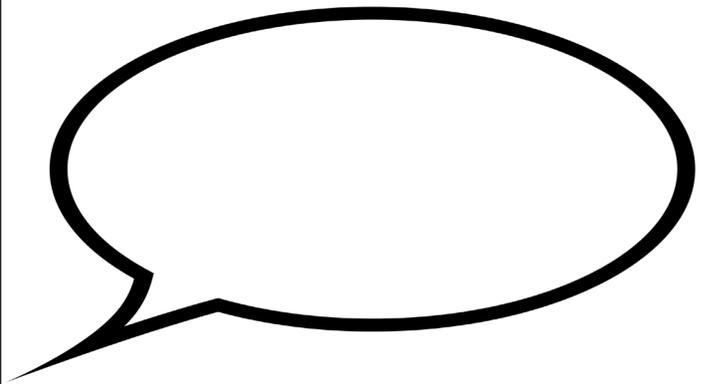
## SAINTS FUN FACTS



Saint Valentine was a kind hearted priest. He aided young Christians being persecuted by Claudius II and was imprisoned. While there, he converted 46 members of a guards family to Christianity!

Written & Illustrated by John Sheppard

If you could text God any question, what would that be? Write your question below.



### DEVOTIONS/ ORACIONES

- Our Mother of Perpetual Help (English) Every Tuesday after 7:30AM Morning Mass in the Church
- Divine Mercy (Trilingual-English, Spanish, & Vietnamese) The Last Sunday of Every Month at 2:30PM Inside the Church
- Devoción al Sagrado Corazón de Jesús (español) Todos los miércoles después de la misa en la tarde de las 6:30 p. m. en la iglesia

### ADORATION CHAPEL HOURS/ HORARIO DE LA CAPILLA DE ADORACIÓN

7:30AM-10:00PM  
(7 days a week)/(7 días a la semana)

